



Floral Vale
Periodontics & Implants, P.C.
Edward A. Marcus, D.D.S.
Diplomate, American Board of Periodontology

PATIENT POST-OPERATIVE CARE

1. No spitting, rinsing, drinking through a straw, or sucking on mints, candy etc., for the first 24 hours (these all cause suction in the mouth which promotes bleeding).
2. Smoking inhibits healing and can affect the final results of treatment. Please refrain from smoking as much as possible!
3. For the first 24-36 hours apply an ice bag or cold compress (20 minutes on / 20 minutes off) to the outside of your face over the operated area. This will help keep the swelling and discoloration to a minimum.
4. Eat soft foods and avoid all chewing in the operated area until you return to the office for the post-operative visit.
5. Follow instructions given for the surgical area and your normal home care program in all other areas.
6. The packing (if used) may come loose prior to your post-operative visit. Remove loose pieces and continue to avoid the area. If doctor specifies, gentle brushing can be performed where the packing has come off.
7. Take medication as prescribed: _____

8. Special Instructions: _____

9. Call the office should you have any questions or concerns.
10. **In the event of an emergency after hours please call Dr. Marcus at home first, as he disconnects his mobile phone when he is home. Leave your name and number on the house answering machine before trying the mobile number:**

Home **215-968-7806**
Mobile **267-566-3241**