



Floral Vale  
Periodontics & Implants, P.C.  
Edward A. Marcus, D.D.S.  
Manuel H. Marks, D.D.S.

Diplomates, American Board of Periodontology

### PATIENT POST-OPERATIVE CARE

1. No spitting, rinsing, drinking through a straw, or sucking on mints, candy etc., for the first 24 hours ( these all cause suction in the mouth which promotes bleeding).
2. Smoking inhibits healing and can affect the final results of treatment. Please refrain from smoking as much as possible!
3. Apply an ice bag or cold compress to the outside of your face over the operated area. Keep the face cool, not frozen, through the first 24-36 hours. This will help keep the swelling and discoloration to a minimum.
4. Eat soft foods and avoid all chewing in the operated area until you return to the office for the post-operative visit.
5. After 24 hours you may rinse gently with warm salt water or any mouthwash of your choice.
6. Follow your normal home care program in all areas except those involved in surgery.
7. The packing (if used) may come loose prior to your post-operative visit. Remove loose pieces and continue to avoid the area. Gentle brushing can be performed where the packing has come off; this will help healing.
8. Take medication as recommended or prescribed.
9. Call the office should you have any questions or concerns.
10. In the event of an emergency please call the doctors at home first, then the mobile:

Dr. Marcus (home) 215-968-7806 and (mobile) 267-566-3241  
Dr. Marks (home) 215-493-2783 and (mobile) 215-378-2055

If your doctor is not available, leave your **name and number** then contact one of the other doctors.

**MEDICATION:** \_\_\_\_\_